



2022-2023 Lambert Longhorn Soccer Players Code of Conduct



As a player, you represent the Lambert High School Soccer Program when you play. The actions of one player can affect the image of all of us. This Code of Conduct encourages you to play with good sportsmanship and to treat players, coaches, referees and parents with respect. It also identifies the possible consequences you will encounter when you can't behave in an appropriate manner.

Treat Referees with Respect

- Never, ever, touch a referee except to shake hands.
- Always address referees as “sir” or “ma’am” when speaking to them, no matter how old they are.
- Do not talk back to referees. If a referee speaks to you, your response should be respectful and to the point.
- Do not question calls that referees make during play. It is the role of team captains to communicate concerns to the referee. Most referees will be glad to explain what they saw and how they applied the Laws of the Game.

Treat Your Team with Respect

- Listen to your coach. Do what the coach asks of you without complaining.
- Be at practice and at games **EARLY**.
- Be responsible for your own equipment. Don't expect someone else to keep track of your stuff.
- Maintain and pass classes before, during, and after season. **ALL CLASSES!**
- **RESULTS** over **EXCUSES!**

Treat Your Teammates and Opponents with Respect

- Whether WE win or lose, do so with class. Shake hands after games.
- Never yell at or criticize a member of the opposing team. Think how mad you become when someone from the opposing team yells at you.
- Never criticize your own teammates. If you think you can help a teammate by suggesting they do something differently, do it later, privately.

Treat Fields and Equipment with Respect

- Goals, nets, benches, fences, corner flags, balls, etc are expensive. Don't abuse them. Don't leave a field without all player and team equipment accounted for.
- Pick up ALL trash regardless.

Attendance Policy

- No Student may practice or participate in any contest on a school day in which the student was absent from more than half of the school day. *Notify your coach BEFORE an early check-out or late check-in to determine if the ½ day rule has been met.*
- Students will not be allowed to participate in activities on the days they have been assigned to in-school suspension and until they have served their out-of-school suspension. There should be no adjustments made in the assignment of suspension days to allow a student to participate in any activities.

Alcohol/Drug Policy

- A student, regardless of quantity, shall not:
 - a. Buy, be in possession of, or use a beverage containing alcohol at any time;
 - b. Be in possession of, or use tobacco (includes e-cigarettes & vaping) at any time;
 - c. Use, consume, possess, buy, sell, or distribute any controlled substances at any time.

These rules apply to a student’s entire high school career. There is no “offseason” unless you have officially left our program. Off-campus violations are also considered a violation of the alcohol/drug policy.

Penalties: Depending on the situation (number of offenses, law or school involvement, etc.) the penalties can range from suspension from games to dismissal from the team. The coach reserves the right to administer consequences on a case-by-case basis.

Grievances and Consequences

- If you can’t play by the rules in this Code of Conduct, there will be consequences. They are managed by the Coaches, Athletic Director/Lambert High School, and GHSA.
- The Coaches, Athletic Director/Lambert High School, and GHSA may impose penalties including reprimands, suspension of playing privileges, and expulsion from a team.

Non-negotiables:

There are only two options regarding commitment; you're either in or you're out. There's no such thing as life in-between

Committed to practice

- Ready to go before we start
- Properly dressed/prepared
- Work hard to become better every day individually/team -unless you miss school you are at practice (unless coach gives permission)

Committed to communication

- Let coaches know first (face-2-face preferably, text/phone call) -not teammates or parent’s responsibility
- ITS THE PLAYER HIMSELF!

Committed to Win Forever

- In the community
- At Home with family and friends
- At School walking the hallways or in the classroom
- At Practice from the locker room to/from the field
- At Games with fans, friends, family, and foes!

SIGNATURE: As a player in the Lambert Soccer Program, I acknowledge...

- That I have read, understand and will follow the rules in this Code of Conduct;
- That my continued participation on my team depends upon following the rules; and
- That I will help my fellow players follow the Code of Conduct.

Team:_____

Print Name:_____

Signature:_____

Date:_____